

The Atlanta Boardsailing Club's LAKE WIND ADVISORY

Short Newsletter
Edition

Volume 10 No. 8

"If Monkeys Could Type, This Would Be a Better Newsletter"

August 1999

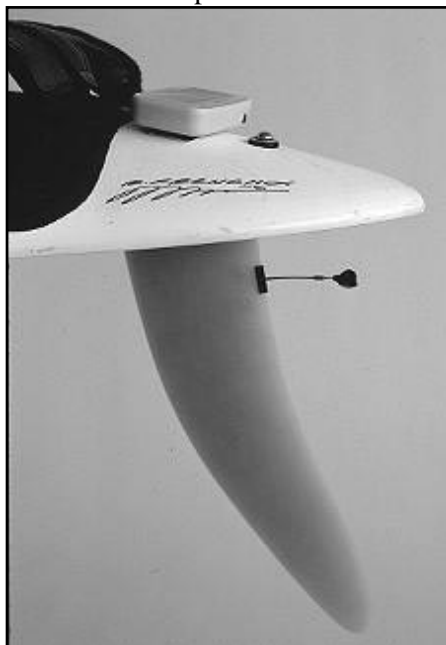
Speedtech Donates Speedmate to ABC

Speedtech Instruments has kindly donated a demo Speedmate to the ABC for club use. The Speedmate is a handy device that measures board speed. A small propeller taped to the fin that generates magnetic signals detected by a unit attached to the rear footstraps. We have previously used the devices a couple of years ago at our Fall Charity Sail and are happy to have the opportunity to have in our possession a unit full time.

The unit will be available at ABC events and the club will decide the policy for personal use as well (little matters as making sure it's returned intact need to be worked out). Possible uses will include Speed Runs, measuring the true distance of the Spring Long Distance Sail and helping ABCers tune their rigs for optimum performance. Often, we aren't good judges of board speed and an objective measurement is invaluable.

If you are interested in purchasing

a Speedmate for your own use, contact Speedtech at 703-759-0511 or www.speedtech.com. Speedtech also makes units to measure windspeed and speed/distance for sailboats and kayaks as well as other products.



Learn to Windsurf a Success

13 New Club Members Welcomed

We Still Need Boards and Volunteers for #2

Chris Pyron hosted a very successful first leg of the Learn to Windsurf Program. With the maximum enrollment of 15 students, the class enjoyed a pleasant day and the light conditions were ideal.

Ablly assisted by Alastair Donaldson, Chris Voith, Gene Mathis, Randy Falkenberg, Greg Baxendale and others, Chris introduced the students to the basics on land and soon everyone was out on the water and moving around. The only complaint was from a club member who said, "Now, they are going to think this is easy."

Our next session is Saturday, Aug 21 either at Sunrise Cove (NW,W, SW winds) or Vann's Tavern (NE,E,SE). Call Chris for last minute details and questions at 404-525-7190.

Chris would like to invite all club members to come and join the fun, whether you'd like to brush up on basic skills or lend a hand. We, as always, can use all the big boards we can get-please bring one if you have one. If you haven't been out in a while in light air, come join the fun. It really is blast to be out with a lot of people.

Again, the club will furnish snacks and soft drinks and you can bring a picnic, too.

Our Next Meeting

Next month's meeting will be on Tuesday, August 10th at 7:30 pm. As always, friends, guests, kids and total strangers are welcome.

We continue to set recent records of attendees. Bring your smiling face and join the latest trend: club meetings!

The Brandy House is located 4365 Roswell Rd. N. right across from and about 500 yds. down south on Roswell from our old location (tel: 404-252-7784). This is about 2 miles inside the Perimeter on Roswell, just past Wieuca Rd. on the left.

Inside:
A Windsurfer's Vaca
8 Habits (Not the Group of
Singing Nuns)
Last Month's Website Poll
Events & Race Calendar

Join us! See page 4 for details.

Attention Current Members:

Look at your **address label** for your membership expiration date.

Are you expiring/expired? It's almost fall and the wind will soon be here. Stay connected.

Address: www.windsurfatlanta.org

The Dirty Truth about Windsurfing Instructors and Their Vacations

Windsurfing. For most of us, it's our pleasure. Our escape. Our release. We get away from the pressures of our everyday lives and jobs. We take afternoons off, days off, even entire holidays off. But what about those for whom windsurfing IS the job? What do they do to relax? To have fun?

The truth- well, more or less of it- came out during a dinner I had in the company of an acclaimed Florida based windsurfing instructor. I was on holiday with my wife and enjoying some time off to windsurf. But I began to ponder this issue. So I asked him about it. After a long silence he invited me to accompany him the following week when he would take some time off. Because of the graphic nature of the tale, some names have been changed. And there are parts that just aren't true but the story needs to be told nonetheless. This is for adults only. Send your child into the other room to watch some kid-oriented show on Fox, like "Most Violent Police Chases on Video" while you read this. We beg his forgiveness and indulgence for spilling the beans. If we don't get it, he can talk to our attorney.

We boarded the early Monday morning flight in the Orlando airport, the destination still a mystery to me. Why Monday? Because weekend clinics are very big business in windsurfing and most professionals in the industry find that they can more easily take off weekdays. We seemed a little conspicuous in our swimsuits and harnesses amongst the blue wool suits but it wasn't our fault that others travel in such casual attire. We stowed our luggage in the overhead compartment and just managed to close the doors over our quiver bags.

It was inflight that our host finally let me know where we were going. Usu-

ally our destination is a tightly kept secret within the trade. Perhaps even more tightly kept than the easy three step method of jibing. (Yes, it's true- in the former Soviet Union, sailors jibe from age 2 but an industry conspiracy keeps the method from reaching our shores. Instead we spend years and thousands of dollars in an effort to "bend ze nees".) Should the world learn of where we will spend the next few days, the inner sanctum of the windsurfing industry will lay open to violation by hordes of Euro tourists and techno-freaks. Why was I invited? Let's only say that I've tucked the photo (and negative) of my companion falling while uphauling in a very safe place.

"Hey you, pal. I don't care if you are a famous instructor named after one of the eight reindeer. This week, your just a salesman on quota, and your numbers are pathetic. Pick up that phone and get dialing. Where do you think you are? The beach? This is WORK."

The destination you ask? What could be more diametrically opposed from the calm and spiritual bliss of windsurfing in Florida than the canyons of New York's lower Manhattan. In contrast to the warm Florida sunshine, it was overcast and cold as we hailed a taxi outside LaGuardia Airport. It took a while to translate to the driver that we wanted our boards on top of the car and not in the trunk; we remain unconvinced that in the trunk is the practice in New Delhi, either. As we crossed the Triborough Bridge, we scanned the East

River below for whitecaps out of habit. But this was a professional vacation and even if there were, we'd be unable to get out on the water.

Within minutes we fell into the daytime darkness between the tall buildings. Intersections were as busy as the photo zone at the Hatchery, drivers as kooky as newbies at Canadian Hole. We almost got taken out by a truck that appeared to be driven by the same guy who jibed right in front of me the last time I was in Margarita. I felt at home.

We didn't even bother going to the hotel. No, we were on vacation and like a bleached-white Minnesotan in Aruba, we weren't going to waste a moment. My guide tipped the cabbie handsomely and showed me the way into a nondescript office tower, the kind that had been long since overshadowed by newer and fancier ones. The stone fascia was gritty and gray in stark contrast to the white sand we left that morning.

Through the revolving doors we went, quite a trick even with 2 piece masts then into the lobby and up the elevators. I began to get queasy with anticipation. We passed a security guard and into the loudest, dankest, most neon bathed room I had ever encountered. Row upon row of desks were manned by windsurfing instructors, pros, team riders and equipment designers. Over them towered obese, balding men and women who had the physical tone of Jabba the Hut. The sights, sounds and smells were incredible.

"Hey you, pal. I don't care if you are a famous instructor named after one of Santa's reindeer. This week, your just a salesman on quota, and your numbers are pathetic. Pick up that phone and get dialing. Where do you think you are? The beach? This is WORK."

The tanned, rather famous instructor picked up the phone but began to fumble with the buttons.

"Haven't you ever dialed before, buddy? Ya gotta bend the knuckles."

Club Shorts

Three Locals Make the West Coast

Three local windsurfers made the long trek to San Francisco for Rice-aroni and the U.S. Nationals. Phil Duvic raced Open class and Christina Moeller raced the IMCO. Fred Dey went out to serve on the race committee and to avoid the hot Georgia sun. Fred's preliminary report indicates that the big dogs are indeed very fast and skilled. Phillip and Christina both made respectable mid-pack finishes despite the Bay's conditions- apparently a container ship, the flood tide and the Golden Gate Bridge are a different experience than a house boat wake under Lanier's Brown's Bridge.

Charleston YC Regatta

Notable simply because I was there (unofficially), the CYC, located centrally on Charleston's Battery hosted a regatta the third weekend in July. Long distance ABC member Dan Olivier led a small contingent of race boards repeatedly around the course. Sailing from his home beach of James Island and avoiding the crowded CYC dock, Dan made the most of the 10-15 kt. seabreeze and tides to ace the fleet.

Fall Wind Ceremony/ Swap Meet

Your newsletter editor proposes that the final leg of the Learn to Sail pro-

gram coincide with a Fall Wind Ceremony and Swap Meet. In year's past, the Wind Ceremony has varied from pagan ritual to a lucky breezy day complete with a dash for a case of beer/ Coke. This year, we were planning on ritual sacrifice but the Corps of Engineers has instituted a new "No Ritual Sacrifice" rule. Too bad, we'll just have to get creative.

As well, we can have a swap meet, a chance for you to pick up a discount piece of used gear or make room in your quiver for a Y2K sail or board. Pencil in Sept. 18 on your calendar.

Wanted: Outings at Area Lakes

Okay, all you guys and gals at Juliette, Clark's Hill, West Point, etc. Call the editor or email and let's set up a picnic or outing date. Give us a reason to sail someplace new.

Lean forward in that chair and dial."

Yes, this is what all those residents of sunny locales did in their time off. They went to work. Not that they were very good at it. If you only had the opportunity to work maybe a couple weeks a year plus the odd weekend, you'd have trouble playing phone tag, too.

At first, I wanted to laugh but soon I realized how inexperienced some of the "vacationers" were and began to feel some compassion. One poor instructor kept picking up the phone on the fax machine yet each time screamed as the fax on the other end began squealing into her ear.

Another rather competent Gorge team rider sat horribly befuddled in front of a monitor displaying a spread sheet. Each time it began a circular iteration he would put his head down and sob.

A famed windsurfer from Maui appeared to be doing well in a meeting. I could see through the glass wall of a conference room his confidence as he made a presentation. But like an ill-timed bottom turn, his smile quickly began to fade as a number of CPAs be-

gan to fire questions at him. No, he really didn't know the proper depreciation schedule for a sheet metal press and that his wrong assumption would be as costly as getting closed out in Jaws. Except in Jaws you can abandon your rig and dive for the bottom- the only place here to dive was under the conference table amid an ocean of winged tips, more hostile than Mr. Whitey (Great White Shark) himself.

A PWA pro dropped his voice mail like a bad tack when he hit the # key instead of the *. His messages were lost, not usually a big deal other than one of them was the airline informing him that his flight home had been cancelled. The only other option was a layover in St. Louis and a connection in Cincinnati, and of course, leaving at 5:45 am.

The neon glare began to beat on me after awhile. I noticed that my tan was painfully fading and that I had neglected to bring any Quick Tan. At this rate, I'd be ghostly pale by the end of the week: another tourist ill-prepared for proper skin protection.

As I looked around, I imagined that

these poor souls would be frightened, dispirited and miserable. No. Not at all. Between the screaming tirades of the bosses, these tourists were having a ball, the time of their lives. They actually ENJOYED this. I heard one to remark, "I wish I could do this all the time. I love working on the Peterson account."

Another said, "You know, I've heard of guys who leave the Caribbean to live up here."

A third said, "I almost have my Day Runner organized but it's time to go home. Oh well, maybe I'll master it next year."

I took a step back and began to ponder the irony of it all. Maybe that old saw is right: It always looks like there are more whitecaps on the other side of the lake.

Next Week: Our vacation continues; a windsurfing pro makes it out of the mail room.

Last Month's ABC Monthly Poll

Below are the results to our previous poll. Thanks to the 11 participants who took part in this poll.

Look for this month's poll on www.windsurfatlanta.org/bulletin.html

Previous Poll Topic: **How many times did you "biff" (fall) during your worst session?**



Total Votes: 11

Poll It Version 2.0 by [CGI World](#)

I Want to Join/ Renew!

Name _____

Address _____

City _____ State _____ Zip _____

e-mail address _____ Phone _____

Individual Membership..... \$20.00/ 38.00 (1 yr/ 2yr.)

Family Membership\$30.00/ 57.00

Junior (Under 17) Membership.... \$15.00/ 28.50

Total enclosed \$ _____

While your checkbook is open, consider joining **US Windsurfing**, windsurfing's national advocacy group and enjoy group benefits including travel discounts, insurance eligibility, a newsletter and more.. Send your name, address, phone, email to: US Windsurfing, PO Box 978, Hood River, OR 97031 along with a check for \$30.

Being fully knowledgeable of the risks of boardsailing as a sport, I agree voluntarily to assume all risks of participation in the Atlanta Boardsailing Club's activities and hold harmless those sponsoring or aiding in any events from any liability of any nature whatsoever for accident or injury to myself or my property. I agree to be bound by all rules that govern this event and general boating safety. I certify that I can swim.

Signature (or Parent/Guardian) _____

I am/ We are interested in:

- Shortboard Sailing
 - Course Racing
 - Freestyle
 - Sailing Clinics and Demos
 - Trips to other Areas
 - Parties, Cookouts, etc.
 - Helping with Club Functions
 - Writing articles for the News letter
 - Other _____
- Do you have access to a windsurfer (sailboard)?

Yes

No

What Kind? _____

Please complete this form and return with check or money order payable to:

Atlanta Boardsailing Club
P.O. Box 28376
Atlanta, GA 30358

Have a question? Call 404-237-1431 or <http://www.windsurfatlanta.org>

8 Habits of Highly *Effective* Windsurfers

1) **... don't whine about the wind, they sail.** If the conditions aren't ideal, go out anyway. Gusty winds teach you to rig for the lulls and trust your rig in the gusts. Sailing in light winds can be excellent practice for things like tacks, step jibes and freestyle. Freestyle is the great under-rated method of improving your board skills. The more time you spend on the board, the more you are comfortable on it: where to place your feet, how much you can sink the nose or tail and still recover, how to sail clew first or backwinded. To the struggling intermediate this may seem to have nothing to do with planing but it does. The biggest challenge of short-boarding isn't the straight line sailing but the transitions-jibes and tacks. And there's no easier way to practice those than on a light day, flat water and with a small sail.

And, it's good for the soul. No, you won't be going as fast but shlogging beats sitting behind a desk anyday. Go out and get some sunshine and fresh air. Isn't that what your momma told you your entire childhood? She was right, you know.

2) **... adjust their gear.** So many of us drive up to the park, take one look at the water, throw our gear together and go sailing for the day. And then, complain about how the conditions weren't just right. All it may have taken is an inch adjustment of outhaul or downhaul or even just moving the harness lines a bit. Our modern gear is designed to operate over a very wide range of windspeeds. But to enjoy that range we need to adjust our rig accordingly. As well, incorrect positioning of booms, harness lines, etc. can make sailing uncomfortable, that "something here is wacky" feeling.

Here are some of the possibilities:

- 1) Downhaul
- 2) Outhaul

- 3) Boom height
- 4) Harness line positioning, length
- 5) Mast foot position
- 6) Fin size, position
- 7) Foot strap sizing/position
- 8) Batten tension (mostly for sails with high pressure cambers)

Before you feel overwhelmed with the possibilities, you'll be okay if everything isn't just so. But try tweaking things one at a time and see if it helps. Get the advice of the better sailors around you and experiment.

3) **... write down what works.** Use permanent markers (which wipe off monofilm with acetone. But keep that acetone away from seams; it eats up the glue there.) grease pencils or whatever to mark your booms, mast extensions, mast foot positions, etc. Or be real anal and write it down in a little notebook. Yes, yes, you look like a geek. But, the next windy day, it will save you ten minutes getting on the water and the half hour it takes to sail back to the beach and adjust everything. Once you begin to figure out what works, you simply set the extension/boom at the right settings, for example, and throw everything together. You end the little ceremony of pulling the downhaul, seeing that you don't have enough extension, loosening the downhaul, adjusting the mast extension, pulling again on the downhaul, adjusting the booms again... you've been there haven't you?

Doesn't this contradict #2? Not at all. You only get to #3 through trial and error. By recording what you've tried and finding out what works, you reduce dramatically your future errors/adjustments.

4) **... race.** Ugh, that race word. Why race? Simply that racing is that honest truth of what your skills are and what

you can do to improve. If you also enjoy the competition, that's great but it doesn't need to be a comparative experience- it's only about you. Racing demands that you execute specific skills at specific times. When you come to the jibe mark, you need to jibe then. There. You can't wait another minute until the windfillsinlet'soffthere's-lesschopmorechopmyfeetaren't-intherightplaceomigoshtthere'sagust. Racing tends to push the envelope of your skills of boardhandling and sailing in conditions more extreme than you are accustomed. And, usually there is a crash boat to make sure you get home. You don't need to mount an Olympic campaign to race; you'll learn a heck of a lot just enjoying the few races each year that the club hosts.

5) **...take lessons.** For beginning windsurfers, lessons can be the difference between enjoying the sport or buying golf clubs. For intermediates, it can save years in the time it takes to acquire key skills. More advanced sailors may not need the formality of a clinic but can learn a lot from asking questions of better sailors. No matter how good you are, there is someone who can teach you something in this sport. You can spend years and tears doing it yourself or enjoy the wisdom of others.

6) **...have fun.** If windsurfing makes you frustrated, unhappy, weary, you are doing it wrong. It maybe a tweak of downhaul; it may be a tweak in the cranium. This is a sport, a pastime. If you want to be cranky and stressed, go to work; at least, there you get paid for it. To paraphrase an old story, if windsurfing wasn't supposed to be fun, they'd have called it worksurfing.

7) **... join.** Be a member of our club, of US Windsurfing. What you give is what you get. Windsurfing is more than just reaching back and forth. It has to be. After all, you could probably train a chimp to hold on to a boom and sail. It'd almost be like a Greek mythic pun-

Continued on page 6

Club, Regional & National Dates

Aug 10 ABC Monthly Meeting

Aug 14-15 NIMBY Regatta (Not In My BackYard) Panama City, FL Shell Point Sailboard Club. Paul Hansard 850-216-2940 handsard_p@dep.state.fl.us

Aug 14/15 Marthas Vineyard Crossing, Cape Cod, MA lefebvre@ultranet.com

Aug 21 Learn to Sail Clinic #2 Contact Chris Pyron 404-525-7190

Sep 18/19 Marthas Vineyard Challenge, Cape Cod, MA lefebvre@ultranet.com

Sep 10-12 New England Windsurfing Champs.Lake Sebago, ME Maggie Taylor 207-247-5629

Sep 14 ABC Monthly Meeting

Sep 18 Learn to Sail Clinic #3 and ABC Fall Wind Party/ Swap Meet

Sep 25-26 Southern MD.W.A. IV Sat. and Sun (MAS) (4th annual Navy Invitational Regatta) (MAS), Naval Recreation Center, Solomon's Isl. MD,

Alan Bernau, [800-281-4151, 410-535-6060], (abus111@crosslink.net)

October 9-10 Endless Summer Regatta, Shell Point

Oct 11-16 Hatteras Island Windsurfing Championships, Waves, NC, Barton

Decker, Hatteras Island Sail shop (Course/Waves/Freestyle/Long Distance/Vintage)

October 14-24 1999 Olympic Trials. Patrick AFB. Cocoa Beach, Fl. Laura Chambers. 407-783-4964

October 16-17 Seniors/ 21st Annual Fall Classic ABC/LLSC Ga Champ #3

October 30-31 Halloween Open LLSC Ga Champ #4

31 Oct TBC Jordan Lake Double Cross, Ebenezer Pt (long distance) Mark Kernodle [(919) 933-6549]/ (markwk@sas.com)

Nov 12-14 Islamorada Pro-Am, Islamorada, FL 305-664-8056 glfinc@aol.com

Nov 13/14 ABC Fall Charity Event

Nov 13-14 WET Hampton Roads Sailboard Classic, Hampton Virginia, Dave Kashy [(757)877-1978]/ (kashy@cebaf.gov, kashyr@juno.com), www.windvisions.com/wet.html

Dec TBA ABC Holiday Party

Habits Continued from page 5

ishment if all we had to do for the rest of our life is reach back and forth. (eg.: "Zeus punished Gaastramedes for inventing the windtalker by having him to sail and jibe all day for eternity.") It ends up being about the people you meet and spend time with.

8) ... (to steal a phrase from Andy Brandt) **understand that mastering windsurfing is understanding that you will never master it.** It's a journey, not a destination. Pack your smile, swimsuit and a toothbrush and enjoy.



Membership Roll

Thanks for renewing:

David Wade, Lithonia, GA
Josh Hope, Oakwood, GA
Lisa Wise, Decatur, GA
Ed Marks and Jackie Greaner,
Atlanta, GA

Welcome to Our Newest Members

Thanks for joining:
Ann Sheffer, Atlanta, GA
Larry Nicholls, Duluth, GA
Greg Chinik, Atlanta, GA
Rosemary Clark, Marietta, GA
Stanley Lin., Duluth, GA
Jaoquin Madrid, Athens, GA
Dave Delamonte, Atlanta, GA
Jennifer Pfeil, Atlanta, GA

Larry Kay, Buford, GA
Brian Butkus, Marietta, GA
Carol Moon, Atlanta, GA
Steve Mitchell, Alpharetta, GA
Karlene Coleman Atlanta, GA
Julie Secrist, Dallas, GA
Holley Shermersheim, Atlanta, GA
Michael Meath, Marietta, GA

We have **108** individual and family memberships. We also send our newsletter out to **14 other clubs and schools.**

Join Us! Membership is still only \$20/ yr. for individuals and \$30/yr for families. Join for **2 years** and get a 10% discount on the second year (\$38 and \$57 total). Application/ Renewal Form below.

Expired? Check the address label. Don't miss the fun.

201- Boards & Rigs

Complete racing rig: like new 7.5 Aerotech course race; Fiberspar 500cm carbon mast; Fiberspar carbon boom with adj. outhaul. \$450. Complete BIG rig: fair condition 9.5 Aerotech sail; Fiberspar 500cm carbon mast (with very expensive carbon extension to use with even bigger ridiculous 11.0 sail); Fiberspar carbon extra large boom. \$450. call Glenn Tanner at (404) 607-9559.

8'6" Angulo wave board, good condition, great handling wave board. \$300. scott spreen 770-740-0042

My Bic **Veloce 298** needs a new sailor. Exc. cond. with fins, straps and pads. \$550 Contact Bob Adams rea@commandcorp.com (770) 360-1230 (770) 751-1916

Sails: 8.0 Waddell Race - (condition: C) \$50 4.5 Rush-wind (B-) \$30. Kirk Schneider 404 252-9000

For Sale:

Sails - Simmer Style 5.0 Wave/slalom sail & North Sail 5.1 Speed Sail- \$50.00 each.

Windsurfing Hawaii Booms \$45.00. Custom slalom board in like new condition -\$250.00. Custom Wave Board \$95.00 DaKine Board Bag \$75.00. Call Al at 404 892 3677 or e-mail at: alberto.fontova@atlantaga.ncr.com

For Sale: Alpha 120 board- **9'9" epoxy board** in very good condition complete with mast base, foot straps, and fin for \$200.00; Rainbow Weedspeed 13" fin for Standard American box-used once for \$75.00 Contact Peter Schmidt at 678-947-4505 or email at p..schmidt@worldnet.att.net

For Sale: Mistral Explosion II

'97 288 \$550. Bic Astro Rock 9' 6" w/ custom midnight blue metallic paint. \$200. A.R.T. 4.8 \$50 Freedom Maui 4.4 \$25. GENE MATHIS 770-739-4511

Featherlite Dynafiber 500cm mast \$225 Chris Pyron 404-784-0287.

Mistral Ecstasy 8'4" great shape \$300w/fin/straps. **Hyper Tech** 8'8" new deck super fast \$300/fin/straps. 4.4 Gaastra Speed Slalom single removable cam \$50 obo 770-338-1903 **NP V8** 97 6.5 \$325 Call Mark Woodman

Sails: Aerotech 5.2 \$100, U.P.4.5 \$75, Up 6.6 \$50, Gaastra 5.7 \$125. Call Gareth @770 517 0097 Or Email gkct@Aol.Com

Sail: Sailworks Syncro Pro, 6.9.7 battens/6 cams. Cost close to \$700 new (96 or 95 model); used less than 10 times and EC fast, stable, \$399 obo or will trade even for a sail of similar size and quality but fewer cams. **Board:** Old Hi-Fly polypropylene 500 CS excellent beginner board, 200 liters-plus; with mast and rig \$199 Call Mark Smith 706-663-2335

Boards: Clam Sandwich 7-10 Gorge Board 2 yrs old fin/straps/pads \$450. 8-10 Roberts 2yrs. straps/ pads/fins \$600. 8-4 StarBoard waveboard straps/pads/fin \$650 **Sails:** Assortment of Race and wave sails \$150 - 200. 8.5, 7.5, 6.9, 6.2, 5.9, 5.6, (and more)-3.3. Fiberspar booms, masts \$100-200. Call John Danovic 770-775-2170

Sails: '97 North IQ 6.5 \$200. GC Super fast/rangy. William Fragakis 404-237-1431

Sails: 8.0 Sailworks Race ...\$150 5.6 Sailworks Race ...\$100 Shorty Wetsuit (mens M, likenew) \$30

Call G.T. Brown (678) 945-4343

208- Accessories

Thule #300 Gutter mount feet and one set of Thule sailboard mounts. @\$25.00 or \$40 for both. Call Josh Hope 770-531-1056

311- Local Shops

WINDSENSE: WindSense logo Tees - \$10. Sails

Incredible deal on new 1999 V-8 8.5!!! **Demo Boards** (all with fin & straps)- Mistral Flow 276 - \$725. Mistral Screamer 260 - \$750. Naish 8'7" - \$1125. Fin Clearance - Power Box: Curtis Free Ride (New) 36cm - \$85/ Free Ride (Used) 34 & 36cm - \$30 / Mistral slotted Wave (U) - \$25. Trim Box: Curtis SR-1 (N) 32cm - \$50 / Rainbow Rhino (U) 9.5" - \$20. Tuttle Box: Curtis SR-1 (N) F28cm - \$50 / Maui Magic (U) 40cm pointer - \$30. XGMastsG - Fiberspar 430/25/21 Quick Tip 3200 - \$225 / QT 3200 - 460/25/25 - \$230 Neil Pryde CK55 490/28/28 - \$295. Booms- Any size Chinook aluminum - \$145. Harnesses - N/P Anatomic - \$95. Neoprene - Eclipse shorty (XL) - \$105. Cup 5/3 (M) - \$210.. N/P High-top booties - \$40. 770-888-1584

Whitecap Windsurfing:

windsurfing trailer. \$500 1996 mistral competition complete. \$250 1999 f2 254 wave. \$800 Renee Jenkins 706-868-7792 whitecap@mindspring.com

Mistral/North Sports Rep Sale

Sails: Stealth 9.0 \$300 stealth 7.5 \$300 lava 7.5 \$300 noa 6.0 \$300 lava 6.0 \$300 koa 5.5 \$300 nalu 4.74 \$300 alana 5.5 \$300 noa 4.0 \$300 koa 4.0 \$300 hokua 4.9 \$300 kids 2.2 \$150 malibu 5.7 \$180

Boards: flow 276 \$700 flow 284 \$700 flow 266 \$700 sle 270 \$800 sle 290 \$800 malibu 335 \$600 score 104 \$685 score 84 \$685 naish 8'7" \$750 booms \$65 ea. Call Fred Dey 770-345-5514 or email fdey@mindspring.com

911- Editor's Note

Ads must be renewed every three months. Please let me know when you buy/sell something. We want to keep these as fresh as possible.

Ads free to ABC members, found items and beginner boards under \$500 complete.

Need to reach us?

Try the Hotline (770-908-0348), email (editor@windsurfatlanta.org), the Website (<http://www.windsurfatlanta.org>) or snailmail (PO Box 28376, Atlanta, GA 30358)

The Atlanta Boardsailing Club's Lake Wind Advisory is copyrighted 1999 and the sole property of this organization. Unauthorized duplicators will be violated. Other windsurfing clubs, however, may copy copiously- just try to spell our name rihgt. However, we've never said no when asked nicely.

The Atlanta Boardsailing Club

Directors of the Bored:
Learn to Sail Chairs: Open Charity Event (Spring): Greg and Kelli Baxendale
Charity Event (Fall): G.T. Brown
Racing Chair: Kevin Osburn
Secretary/Treas.: Ed Marks
Meeting Chair: Alex Navarrete
Video Chair: Christian Thompson
Editor Chair: William Fragakis

From the rec.windsurfing archives Bored with Summer Light Winds? Try These Moves

Glenn Morton wrote:

- > My longboard freestyle bag o' tricks hasn't expanded lately.
- > Can anyone give me some more to try??

First you could go out and try to do all these tricks on a (still somewhat floaty) shortboard, imho more exciting since you need to be a whole lot quicker and errors are punished.

Here are some other tricks you could do: (All of them also work on shortboards while planning but can also be practiced on longboards. Use a small enough sail for everything involving a sail-duck).

- Combine some tricks, e.g. backwinded fin first.
- Backwind tacks and jibes: Change side in front of the mast while halfwind to sail backwinded, then push around to do a tack / jibe. Can be planned through on a shortboard.
- Clew-first tack: Flip sail like for a duck jibe, then head into the wind clew first and do a tack, changing side of the board in front of the mast foot.
- Heli tack clew first: flip like for a duck jibe, head into the wind, then backwind sail clew first. Don't press as low as for a normal heli tack. Keep front arm long to initiate the board rotation. Be prepared for a lightning fast spin.
- Heli-jibe: Initiate like a normal jibe. When it's time to flip the rig keep your hands on the boom and rotate the sail, "walking" around in front of the mast to end up backwinded on the new side. Push clew into the wind to finally flip.
- Monkey jibe: Flip sail like for duck jibe, initiate the turn, change side in front of the mast while holding on to the boom.
- Pirouette jibe: flip the rig behind your back in an ordinary jibe (you turn yourself in direction of the turn instead of the other way round) Pivot-jibes while sailing fin first are also fun.
- Pivot-jibes while sailing fin first are also fun.

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Photo: David Wade

