



Hey, we can jump on a marketing bandwagon, too.
Volume 9 No. 9

The Atlanta Boardsailing Club's Lake Wind Advisory

The
Early Regatta
Edition

"Racing Towards the Windy Season"

September 1998

Could the ABC Save Your Life? New Book Claims Clubs Can Be Lifesavers

Based on and condensed from an
Interview with Dr. Dean Ornish by Cathy
Perlmutter in Prevention (August 1998)

Membership in the ABC has its benefits: friends at the lake, events, parties, races. But can it really "save" your life? Possibly, according to a new book.

Dr. Dean Ornish, a pioneer in the treatment of heart disease, has been a long-time advocate of the benefits of daily exercise, stress reduction and enjoying the company of supportive people. He's recently written a book entitled **Love and Survival: The Scientific Basis for the Healing Power of Intimacy**.

Dr. Ornish explains: "(love) can be a manifestation of romantic intimacy. But it can also be a manifestation of intimacy between you and your family, friends or members of your community...

"The idea is that although we're all separate individuals, we're also part of something larger that connects us all. And anything that takes you out of the experience of being separate is healing.

Continued on page 2

Inside:

**Fall Events & Race Calendar
Hang Out With Chris Pyron
Prof. Naish Teaches W'surf 101
Chuck H. Gets Handed a Line
Bring Your Gas Can Next Time**

20TH ANNUAL FALL CLASSIC & SENIOR NATIONALS

Entry Form and Notice of Race: page 5

Lots of Events Lined Up. Clinics, Party, Lots of Meals and Racing for Everyone.

Address: www.windsurfatlanta.org

by Your Devoted HTML peon

We finally have our own internet address. As prices of web hosting have recently declined an affordable level, we finally took the plunge to register our own domain name: www.windsurfatlanta.org. This should make it easier for you to remember the address for your own use and to recommend the site to potential new members. Please remember that its "org" (non-commercial entity) at the end and not "com" as in many websites.

With our webhosting account we also get email aliasing. That means if you want to complain to your editor or webmaster, just address it to editor@windsurfatlanta.org or webmaster@windsurfatlanta.org. Also, we will have specific address for race, membership and other chairs as needs arise.

We want to thank ABCer **Bob Adams** who let the club keep its home address on his server for the last 2 1/2 years. The consistency of an address is valuable and we would not have enjoyed it without Bob's help. We received a tremendous amount of new member applications from www.command-corp.com/.

Monthly Java Chat

Also a reminder that on the 4th Tuesday at 9 pm (new time), we have a chat session online. If you have a Java-enabled browser (vers. 3-4 of M'soft and N'scape), you can participate. Go to our home page and click on the Java chat icon. Follow the directions on the chat

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Our Next Meeting

Next month's meeting will be on Tuesday, October 13th at 7:30 pm. As always, friends, guests, kids and total strangers are welcome.

The Brandy House is located 4365 Roswell Rd. N. right across from and about 500 yds. down south on Roswell from our old location (tel: 404-252-7784). This is about 2 miles inside the Perimeter on Roswell, just past Wieuca Rd. on the left.

Join us! See page 8 for details.

Attention Current Members:

A lot of memberships expire soon or have already expired. Don't let the dog days of summer cause you to miss any fun.

Look at your **address label** for your membership expiration date!

Continued from page 1

"There's been a radical shift in our culture in the last 50 years. We've seen a breakdown of family. Many people don't have a job, church, synagogues, or neighborhood that they've been a part of for very long.

"Spending time with friends and loved ones is a basic human need, as basic as eating, breathing, and sleeping. That need so often goes unfulfilled in our culture. And it threatens our survival.

"We can't measure love and intimacy very well. Studies tend to fall into one of two categories- either they measure objective things like "Are you a member of a club?" or they ask people how they feel. yet it's a measure of how powerful love and intimacy are that the relatively crude measures used in so many of these studies are able to detect profound differences in survival between people who have love and intimacy in their lives and those who don't.

"One study, done by Thomas Oxman at the University of Texas Medical School, asked patients who were undergoing open heart surgery two simple questions: "Do you participate regularly in organized social groups like club, bowling league, church, synagogue or civic activities?" And, "Do you draw strength and comfort from your religious or spiritual faith?"

"Six months after their surgery, those who answered "No" to both questions were more than seven times more likely to have died.

"Who would imagine that being with your friends could be so powerful? but it is. And it means that spending time with friends is anything but luxury."

Obviously, our headline exercised a bit of editorial license but the essence of it remains true. Belonging to a club, not just to the ABC, can actually have healthy effects. We often tell new members of all that we offer but we perhaps forget the most important: the communal and supportive aspects. Now, if we could only get our health insurance to pay 80% of our ABC dues...

Continued from page 1

page. We've had sparse attendance the first couple of months but as the wind picks up, we anticipate more company. If you have trouble connecting, read the notes on the page or email me at webmaster@windsurfatlanta.org.

Windchill Anyone?

Thanks to Bert Eskridge, who forwarded me an equation for calculating windchill, you can determine the windchill for different temperatures for a range of wind speeds on our website. Our calculator, which also does handy conversions such as metric to English and knots to mph, can be accessed via the FAQs or Weather pages.

If you have any additions you'd like to see/ make to the site, let us know.

Hang Out at Van Pugh with Chris Pyron.

The ABC's biggest volleyball fan invites you to join him at Van Pugh Park on Saturday, Sept. 19 starting at noon for an Afternoon of Sailing, V'ball, Picnic'ing and anything else fun. Bring all your toys, skates, bikes, etc. Noon. Call Chris with questions: 404-784-0287

Directions : NI-85 to NI-985 to Exit 2 (Friendship Rd & Lake Lanier Islands). Turn left at top of exit and go to first stop light. Turn right on Atlanta Hwy. In about one mile turn left on Gaines Ferry Road. Go straight, you'll pass one light (McEver Rd). Keep on for another 1.5 m until road deadends in park. Bear right and drive around past boat ramp and picnic shelter.

Club & Regional Dates

September 12-13. Pens. Bay Blast, Gulf Breeze, FL. Pensacola Windsurf. Club: Steve Bogan 850-433-5833

September 12-13. Harper Realty Classic St. Petersburg Fleet 12/Tackle Shack: Steve Levine 800-541-3483

September 19. Hang Out at Van Pugh with Chris Pyron. The ABC's biggest volleyball fan invites you to join him at Van Pugh Park on Lake Lanier for an Afternoon of Sailing, V'ball, Picnic'ing and anything else fun. Bring all your toys, skates, bikes, etc. Noon onwards. Call Chris with questions: 404-784-0287

September 22. ABC Monthly Java Chat www.windsurfatlanta.org/chat.html

September 25-27. Windsurf Expo. Orlando, FL. AWOA

October 2-4. 11th Annual Endless Summer Regatta, Shell Point, FL William Treichel 850-926-4278

October 3-10. ABC Hatteras Week

October 13. ABC Monthly Meeting

October 17-18. Hatteras Island Windsurfing Championships, Waves, NC

October 24-25. 20th Annual Atlanta Fall Classic and Seniors Nationals. Contact Chris Voith 404-255-6469

October 27. ABC Monthly Java Chat www.windsurfatlanta.org/chat.html

October 31-Nov 1. LLSC Halloween Open. Contact Chris Voith 404-255-6469

November 6-8. Mistral Nat'l. Champ. St. Petersburg Fleet 12/Tackle Shack: Steve Levine 800-541-3483

November 14. ABC Fall Charity Event. G.T. Brown

Feb 26-28, 1999. Mistral North American Masters/Seniors Windsurfing Championship, Patrick Air Force Base (near Cocoa Beach, FL) Open to all sailors 35 and up. Contact: Dick Tillman, Tel 407-773-4711

If Robbie Naish Could Teach You One Thing...

by Rick Murray

My wife and I were at Kanaha trying to figure out what size sails to rig. We had just dumped our equipment on the lawn and as I looked for what other people were rigging I noticed a cute girl rigging next to me that looked familiar. I thought I might have known her from school or something so I turned around and asked her what she was rigging, she laughed and said "I don't know, my husband says I should rig a 5.0, but I'm seeing other girls having trouble on 4.0's. I'm just kind of waiting for him to come back before I get started".

And as I'm half thinking about sail size and half trying to remember who this girl is, she says "Oh here he is now, Robbie (Naish, multiple-time world champion) meet Rick".

I was floored and I expected him to say "Hi" and turn, but instead he was very nice and we talked for a minute, but this really isn't the point of the story.

Watching him sail - it's not at all what I expected. I was sailing a 5.5 that day, and I think he was on at least a 6.5, some experimental sail that wasn't PINK and didn't have his sail numbers on it. He was FAST, but I was able to sail along side of him a few times for short

The amazing thing though was I kept hearing him yell. I could hear him scream "YAAAAAAA" or "WHAOOOO" as he sailed along. He wasn't mad, he was having a great time.

stretches. The amazing thing, though, was I kept hearing him yell. I could hear

him scream "YAAAAAAA" or "WHAOOOO" as he sailed along. He wasn't mad, he was having a great time. He sounded like a little kid or what most of us sounded like the first time we planed. On top of that, he kept trying all kinds of screwed-up jibes and tacks - some he made and some he fell, but everytime he fell he would pop back up out of the water laughing. It was amazing to see, this was ROBBIE NAISH, he had sailed for so many years, in such incredible conditions, and he was having this good of time on just an average day. I've got to tell you - it has changed my sailing for ever. I used to be very intense on learning the next move, but I've finally realized I'm almost 40 - I'm

never going on to compete professionally, JUST ENJOY IT!! Enjoy the crashes as much as the successes, enjoy the 6.5 day as much as the 3.5 day, enjoy just being on the water doing something you

really love doing - ROBBIE DOES.



Film at 11 Dept.

Invisible Death Net Attacks Windsurfer

by Chuck Hardin

What kind of person is it that seeks the Great Outdoors as his playground and then, apparently without the slightest qualm, despoils the very same resources he came to enjoy? Most of us, while in a natural setting, or driving along the highway for that matter, would not dream of casting aside anything that contains a molecule of synthetic material. What can people who do this be thinking? And of ten these are outdoor people - - our kind of folks, supposedly. Surely they have seen pictures of what this refuse does to wildlife: birds strangled by six-pack rings, animals choked to death by plastic bags, etc.

But, I bet they never thought their careless littering could pose a similar, immediate fatal threat to human beings.

.... A True Story

Well, they're wrong.

One of these jerks just about took me out -- permanently last week. For all of us who love to play in the water in our natural waterways, let this be a case study to keep in mind.

I was windsurfing off Scott's Ferry Landing, one mile up the South Carolina side of the Clark Hill Lake (or Lake Thurmond, its political name, but that's another story.) dam, 15 miles northwest of Augusta. It was an ideal early March day -- a steady 18 to 22 mph wind- with the small, but dedicated, local windsurfing gang in attendance. As usual, I was among the first rigged and on the water, hence my local appella-

tion: Chuck-0-meter. About my third or fourth run across the long, deep cove toward what we call Hell's Point, I was getting in the zone, feeling good. Time to try a jibe. I was way overpowered and screamed into the turn, got fumbled by the heavy chop, and down I went. Grab the rig before it drifts away and get back up.

But what was this strange string around my wrist? The stitching in my sail coming unraveled? Then I saw it around my board, my boom, and my sail. I treaded water as I reached to unwrap it and suddenly my feet were restricted. Then, with a bit of real fear, I realized I was caught in that dreaded net all fresh water divers fear most -- monofilament fishing line. But windsurfers don't typi-

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Welcome to our newest members:

Steve and Rene Voige, Marietta, GA
Gilson Teicholz, Atlanta, GA
Brinda Cockburn, Atlanta, GA

Our Learn to Windsurf temporary members:

Ellie Norman, Dunwoody, GA
Jill Shipley, Atlanta, GA
Robyn Bishko, Dunwoody, GA
David DeLorme, Suwanee, GA
David Carr & Stephanie Graef, Atlanta, GA

Powell Turner Atlanta GA
Jennifer Hoyer Marietta GA
Rozaline Dinifnove, Atlanta, GA
The Hendersons, Atlanta, GA
Paige Cannon, Atlanta, GA
The Powells, Atlanta, GA
Joel Walberg Dunwoody, GA
Daniel Duncan Atlanta, GA
Chris Buckler Atlanta, GA
Kurt Brush, Atlanta, GA
Steven Domenico, Alpharetta, GA
Gay Arneri, Atlanta, GA
Stanley Lin, Duluth, GA
Monica Gordy, Dallas, GA
Brian Simmons, Marietta, GA

Membership Roll

The McVeys, El Segundo, CA
Alisa Codel, Atlanta, GA
Paul Gaines, Marietta, GA
Geoffrey Middleton, Austell, GA
The Gurevitches, Atlanta, GA

We invite you to join us. During your 3 month trial membership, send in \$10 and we'll upgrade you to a whole year's membership. What a deal!

Join Us! Membership is still only \$20/ yr. for individuals and \$30/yr for families. Join for **2 years** and get a 10% discount on the second year (\$38 and \$57 total). Application/Renewal Form below.

Expired? Check the address label. Don't miss the fun.

Thanks for Renewing! Remembering those who remembered to renew...

Alex Navarrete, Chamblee, GA
Pam Barron, Conyers, GA
Gareth Edwards, Woodstock, GA
Ed Marks and Jackie Greaner, Atlanta, GA

The Atlanta Boardsailing Club

Board of Directors:

Learn to Sail Chairs: Ed Marks, Brian Lojko
Charity Event (Spring): Eddie Brodeur, Phil Duvic, Greg and Kelli Baxendale
Charity Event (Fall): G.T. Brown
Racing Chair (Spring): Chris Voith
Racing Chair (Fall): Scott Spreen and Chris Voith

Secretary/Treas.: Gene Mathis
Membership Chair: Lisa Kloepper
Meeting Chair: Alex Navarrete
Video Chair: Christian Thompson
Editor Chair: William Fragakis
Email Listserv Chair: Josh Hope
Webnerd: William Fragakis

Need to reach us? Try the new Hotline (770-908-0348), email (fragakis@mindspring.com), the Website (<http://www.command-corp.com/atlanta.windsurf/>) or snailmail (PO Box 28376, Atlanta, GA 30358)

The Atlanta Boardsailing Club's Lake Wind Advisory is copyrighted 1998 and the sole property of this organization. Unauthorized duplicators will be violated. Other windsurfing clubs, however, may copy copiously- just try to spell our name right. However, we've never said no when asked nicely.

Letters to the Editor

Dear Sirs,

I was sailing at Lake Lanier several weeks ago. I didn't see any windsurfers. I guess the sport is dead around here. Signed, Ms. Winona Ofyawl Duluth, GA

Dear Ms. Ofyawl,

What a coincidence. I was in Aspen, CO about the same time and saw no snow skiers. I guess either a) snow skiing is likewise dead or, just maybe, b) the season hasn't started yet.
Sincerely, Your editors.

Dear Sirs,

I saw, in a leading business newspaper (Investors Business Daily), that the golf equipment manufacturer are having a tough

time: Bankruptcies, layoffs, re-organizations, etc. Sounds like the windsurfing industry. Huh?
Signed, Mr. Ian DeBall, Roswell, GA

Dear Mr. DeBall.

Yes. Obviously, golf, too, is a dying sport and it's all the faults of: 1) the golf mail order catalogues, 2) The pro tour, 3) the big superstores not offering lessons, 4) the golf magazines, 5) the retailers, and 6) the rise of new sports like jetskiing and Rollerblading.

Next, golfers will spend ALL their time whining about the good old days. I really think the answer to all this is to make golfers use the same original club the Scots used 400 years ago. That will solve all this.

Sincerely, Your editors.

Dear Sirs,

You are kidding, of course?

Signed, Mr. Ian DeBall, Roswell, GA

Dear Mr. DeBall.

The article? No. The rest? Of course.
Sincerely, Your editors.

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0803 or (h) 404-256-1079

611- Hatteras Space

Space Available. Rooms in a super soundside windsurf house located in Rodanthe. For dates within 10/24-11/7. Features include locked board storage, sail racks, hot tub and no bunk room. \$165/person/week + food. Call Charlie Phillips @ 404-255-4425 for details.

911- Editor's Note

Ads must be renewed every three months. Please let me know when you buy/sell something. We want to keep these as fresh as possible.

Ads free to ABC members, found items and beginner boards under \$500 complete.

AND YOU THOUGHT THE NOISE WAS BAD...

This first appeared in the August "The Prevailing Wind", the IBSCC (Charlotte) newsletter.

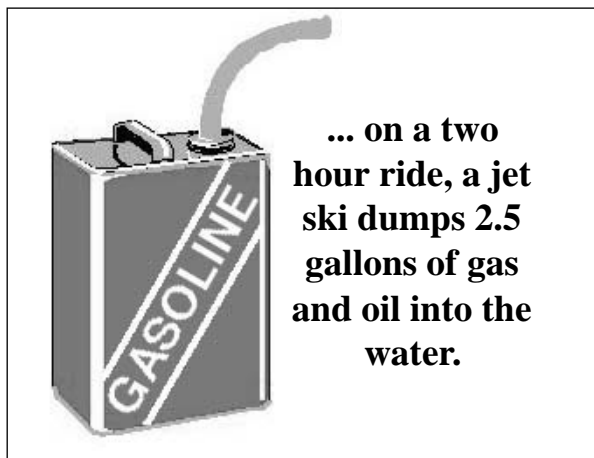
by Steve Merge

We've all been maddened by them ... jet skis that buzz in and out of Ramsey Creek. Between the high pitched whining of their engines and some of the bairbra'm driving antics, it's hard to enjoy what few windy days we have during the summer.

Well, next time you've just blown a jibe and you're 'in the water while a couple of jet skiers are doing donuts around you, this statistic ought to really bunch up your uphaul ... according to the EPA, the engines used in personal watercraft discharge as much as one-third of their fuel and oil unburned into the water and air.

This month's Surfrider Foundation Newsletter points out that on a two hour ride, a jet ski dumps 2.5 gallons of gas and oil into the water.

The reason? According to The Surfrider Foundation, (most) jet skis use two stroke engines which take a mixture of fuel and motor oil. These are the same two stroke engines, by the way,



cause of noise and air pollution.

The EPA claims that two stroke engines are the number one source of water pollution in America. It has also been estimated that the pollution personal watercraft dump into our nation's waters during a year is about equal to four Exxon Valdez spills.

Next time any of us drops a note in the mail to one of our illustrious elected officials, we may want to ask why the same two stroke engines that got outlawed from motor bikes are so prolific on our waterways.

Of course, maybe I'm the only club member who still goes over the handle bars on gusty days and ends up unintentionally drinking lake water!

Ed. Note: I'd like to see the reaction from the Corps of Engineers if, everytime before we went sailing, we took out a 2.5 gallon can full of gasoline and poured it into Lanier.

Continued from page 3

cally carry a diving knife! Stay calm, no wild movements.

I was able to get on the board and on my back, methodically unlooping and gathering the nearly invisible line. It seemed there was no end to it. I finally got the last loop off my foot and slipped back in the water to orient my board for a waterstart. Instantly, I was caught again. A few quick strokes and I was constricted far worse than before. My legs had very limited range-of-motion and one wrist is hopelessly tangled to the mast base. Then, I was a little scared to move. Heck, I was a lot scared.

This stuff is everywhere!

With my one loose arm and useless, joined legs, I started paddling toward the landing. Thank God I was not out in the middle of the lake! I stopped every few strokes to yell for help from my fellow windsurfers in the rigging area. They couldn't hear over the wind and choppy water. Eventually, as I was really getting tired, I got close enough to be heard.

that used to be found in many motorcycles. However, they were banned years ago from use on motorcycles be-

One of my buddies swam out with a knife and we were able to get me and the rig to a point we could stand up. the line had wrapped itself tightly around my fin, the sail, my board and me. It's like it searched out every hook and crease to secure itself. Many cuts later, I was finally free of the stuff.

I had sailed through a couple hundred feet or more of invisible monofilament fishing line free-floating in open water. I'm sure the ratio of the "ecologically-responsible" to "insensitive idiot" is about the same among bass fishermen as it is among windsurfers; but, in this case some jerk recklessly threatened human lives because he didn't want some tangled line cluttering his precious bass boat or he didn't want to be bothered with retrieving a snagged lure. So he cluttered my lake. I'd punch him in the nose if I could get my hands on him. (Neanderthals can appreciate a physical threat; they're not yet capable of higher-order thought.)

But, for the rest of us, please be careful out, there. Sadly, most of the hazards in much-visited nature areas are not natural.

(Chuck Hardin is a self-described honored graduate and whipping boy of the Southeast's prestigious inland windsurfing academy, Whitecap Windsurfing, under stern tutelage of Renee Jenkins and husband Patrick, of Evans Ga, just west of Augusta. This article is from the April 1998 issue of Thrillseeker, an Augusta-based outdoor magazine, which Chuck edits. For more information about Thrillseeker call 706-860-9724 or email Thrillseek@aol.com)

Continued from back page

Capricorn will reveal all. Moon aspect not good for potential encounter with jetski. Heed caution advised on local lake warning.

Pisces- Dreams become reality. A planing board will change your life. All is revealed. New aspirations take center stage. Priorities rearranged.

Look outside. Yep, it's still late summer. The air is hot, muggy and very, very still. Windsurfing is probably quite far from your thoughts. Make no mistake, mon ami. Now is the time to prepare yourself.

Most magazine articles will stress the importance of physical conditioning. The way I see it, being fitter means I get to blow 25 jibes instead of 15 during a session. Is that necessarily a good thing? I'm not sure.

Other articles mention activities to toughen the hands so your booms won't leave them looking as if they were flayed in a bad Singapore prison. Instead, I'd suggest that you can combine conditioning with callus maintenance by using sandpaper as a "cozy" for your favorite 12 ounce beverage. Hoist it often for best results. Yes, yes, some will disagree with me but my method gets results- guaranteed.

Let's get to the really important stuff. To windsurf, ya gotta be there. Sound too simplistic? Not if you are waiting to throw rice on a 3rd

cousin and her recently paroled new husband while watching the trees sway. You've felt the pain. You know what I mean. YA GOTTA BE THERE.

So what can you do in these dog days of late summer? (Yeah, I know the calendar says September. Welcome to the south, sonny. It's still 95 degrees outsided) Prepare. Carefully. Read closely and learn.

Go out and rake the lawn. What? No leaves on the ground yet? Does THAT matter? No. What does matter is on that breezy day in October, when someone in your household (conscience, spouse, etc.) mentions the fact that leaves are beginning to accumulate like snow in a Dakota blizzard, you blithely say, "But I just raked the other week." This is the essence of proper windsurfing preparation.

Next, paint a closet, preferably a small, empty one. Better yet, the same color as before. Only with such a pre-

emptive strike will you be able to avoid wallpapering a bathroom during a "Caution advised on local lakes" Sunday in November.

Tell your boss, recently transferred from California, how dark and depressing autumn is here. "Why it's so cold in Georgia we even have ski slopes (not, technically, a fib)." Urge him to visit friends he left behind or take a vacation to Mexico during that time. This should free a couple of your weeks to "flex-time" for those mid-week weather fronts.

Have a buddy planning to get married in the next several months? Take

it unless you absolutely can't stand the thought of holding a bouquet instead of a 4.5.

Remind your children that soccer is a "Euro" sport, not suitable for their red, white and blue blood. If they don't believe you, challenge them to find a soccer match on TV on a Saturday or Sunday (assuming you don't have ESPN5). "See, I told you so, it's not even on TV," you'll say, giving your proof. Otherwise, you'll spend many a Saturday watching a mob of kids kicking a ball while their parents are screaming, helpfully, "Kick the ball." In between their coaching advice they'll mention how all the wind makes it hard for their future scholarship candidate to score a goal.

Holiday shopping can intrude on those wonderful, late autumn sessions without proper advance planning. Instead, go, down to Sam's Club, Pep Boys or your favorite fast food emporium and get 25 gift certificates. This will eliminate the painful episode of driving for hours around a mall parking lot, looking for a

non-existent vacancy all the while, watching all the flags and banners tatter themselves to threads in the stiff breeze. Otherwise, you won't be ho, ho, hoing during the holiday season, trust me.

Not presently in a relationship? Well, don't go and mess that up! Keep those weekends free. Tell helpful friends who are trying to set you up, "I'm still not over the death of my fish, Scaley; My therapist says I really need to be alone and outdoors or I start following people around and calling them late at night; or My doctor says I should avoid relationships until the weather warms back up."

Start now and don't, as you usually do, procrastinate. Only by careful preparation can you enjoy the finest sailing season in the Southeast- autumn. The water will still be warm yet the winds will howl as the jet stream returns. Remember, to enjoy those days, YA GOTTA BE THERE.

Preparing for the Coming Season

Not really by Dr. Ed Marks but we needed a picture for this page and we love using his. It gives us that "professional look".



him out for a drink/java/chat. Whisper gently into his ear, "Commitment? Are you ready for commitment? You're too young to give up playing the field. I hear that (swimsuit supermodel) Rebecca Romijn is dating again." This should postpone things until his fiance can bring some sense into his head- say, around June. You'll do them both a favor as she really would have wanted to be a June bride, anyway.

Is it a girlfriend that's ready to march down that aisle? Obviously the commitment line won't work as women crave commitment as much as men avoid it. The June bride bit sometimes works as do the following: "You can't find a good caterer in November; Fall colors look awful on bridesmaids- it makes the bride look fat no matter how her dress looks; or, Guys get cold feet in a cold time of year- you don't want to be standing up there alone do you?" The last line is cruel but effective- don't use

201- Boards & Rigs

Explosion XR (original shape-easy to sail, light and fast) **Neil Pryde 5.8m** Race sail NP 2 pc. carbon mast, Chinook Boom all for \$600 Call Ole Tanderup at 770-427-6199 or email kstoc@aol.com

North '97 IQ 6.5 Race Sail. \$225 OBO. Hot Race 8.3 \$125 Featherlite Dynafiber 500cm mast \$225 and fiberspar boom \$525 for all 3. World Sail 6.8 '96 with 4.5 lb Fiberspar mast \$200. Make offer/ will consider trade. Call Chris Pyron 404-784-0287.

Mistral Ecstasy 8'4" great shape \$300w/fin/straps. **Hyper Tech 8'8"** new deck super fast \$300/fin/straps. 4.4 Gaastra Speed Slalom single removable cam \$50 obo 770-338-1903 **NP V8 97 6.5** \$325 Call Mark Woodman

Fiberspar Carbon Booms 180-226 cm & 210-256 cm @\$150, Gaastra '95 MC2X 5.7 \$200. Call Robert Blazer 404-321-5365

"IMCO Hull only \$375 obo. With complete rig for beginner \$500 obo. Will also consider trade for shorter board (around 10') in comparable condition. Contact Randy Falkenberg 770-379-0505 or e-mail consultrfi@aol.com"

FOR SALE: Angulo slalom board. 8'-10" / ~90L / True Ames fin (Tuttle box) / Straps Plus Neil Pryde 5.2 Race sail (VGC) - faster than whatever you're riding now! / \$100 for the board / \$250 for the package. Mistral Electron (88L) w/ straps & fin - \$275. Tim Carter / 770-889-4203.

1996 **F2 AXSIS 258** with new fin. Very fast board for the 4.0 to 5.5 days \$700. 1992 **Bic Rap** 266cm, 90L Very good condition, \$260. 1995 4.5 Hot AWOL (one cam) Used 4 times, \$180.

Call Mark Skupien 770-935-5265

Sail: Sailworks Syncro Pro, 6.9.7 battens/6 cams. Cost close to \$700 new (96 or 95 model, I think); used less than 10 times and EC fast, stable, etc.---will trade even for a sail of similar size and quality but with fewer cams and more ease in rigging or sell for \$399 obo. **Board:** Old Hi-Fly polypropylene 500 CS excellent beginner board, 200 liters-plus; with mast and rig \$199 Call Mark Smith 706-663-2335

Sails: 11.5 Scrim Mylar \$150
10.0 Aerotech \$100
10.00 Sailworks, like new \$250
8.9 Hot Mach 1.1 \$450
7.4 Hot Mach 1 \$400
Sailworks 6.9, 6.2, 5.3, 4.6, 3.3 \$200-250
Call John Danovic 770-775-2170

Sails: North '97 IQ Race 6.2 \$250, Neil Pryde '96 MPR Slalom 5.7 \$225, Hood River '94 Race 7.0 \$150, World '96 Slalom 6.2 \$175, Up '93 Slalom 5.5 \$100. Yakima gutter-mount car rack \$75. Call William Fragakis 404-237-1431

93 Sailworks Race: 8.0 \$250
Call G.T. Brown 770-432-8553

1995 **Mistral Electron** CGI (later called Screamer 263, 263 cm, 87 liters, 17 lbs.) with fin, excellent condition, \$350; both boards for \$600. contact Andy Keeler, akeeler@agecon.uga.edu, 706-613-1758

96 Pro-Tech Light-Wind wave 8'8, 90L (with padded bag and excellent fin) \$550. **97 F2 Xantos 285** with fin \$750. Call Chris Campbell (706) 729-9756

96 Explosion II XR \$625 (sailed once). Bic Kids Rig (2.8m² sail, mast, boom) \$85. Hood River 5.4 sail, \$85. Call David Wade 770-978-7660.

BicRumba310 (10'4"). 3 sails, 4.4, 5.6, 6.5, 2-piece fiber mast, Chinook boom and base, waist and seat harness, lots of extras all in great shape. \$550 obo. Call Ken @ (770) 552-7414.

Alpha 215RS board (good condition)-11'9", 2 masts, 2 booms, **Great beginners board;** will throw in 6m Hi-Fly sail; all for \$375.00; new foot straps for \$60.00 Contact Peter at 678-947-4505 or p.schmidt@worldnet.att.net

Beginner Board: O'Brien Sensation with 5.5 rig. \$200. Call Linda Maynard 404-373-8767

1997 **Mistral Equipe II**, all white carbon sandwich 28 lbs. New '98 daggerboard and fin. VGC with customizing by Dave Stanger: nonskid, nostick gasket and additional footstrap inserts. \$1100. Call Mike Adair 407-543-5616, leave message.

Brand new **Neil Pryde Eclipse** (size XL-54) zipperless entry wetsuit. It is equivalent to the O'Neil 5/4/3 Zen which retails for \$299. Asking \$200 for the Eclipse. Please contact Gilson at 404-504-9968 or e-mail gilandlu@bellsouth.net

1996 **Bic Veloce** 328 185 liters, 10'10" #1 selling board at "the house" A board you can begin with and never out grow. Includes staps, fin, base, daggerboard \$650.00 Call Greg at 770 578-8417 or email grebax@ufsnet.com

208- Accessories

Windsurfer Trailers: Chrysalis is the aerodynamic, fiberglass trailer solution for all your transportation and storage needs. With design input from Fred Dey, this one of a kind trailer is lightweight and can easily be towed behind virtually any vehicle. For more information please call Gareth at 770-499-7755 or email ctrailers@aol.com.

Old sailboat **trailer**, great base for windsurfing trailer. Only \$50.00. Call Alex Navarrete (770) 455 6815

Thule #300 Gutter mount feet and one set of Thule sailboard mounts. @\$25.00 or \$40 for both. Call Josh Hope 770-531-1056

311- Local Shops

WINDSENSE: Mistral Flow 276 & 284 intro special - call for price!!! Harness lines - \$26. Epic padded board bag (275CM) - \$75. Oke Gorge (8-8.5 M / 11-12M / 4-5W) - \$35. Chinook 1-1/8" slalom boom (5'-7') / Gorge boom (4'3"-5'9") - \$140. Chinook 1-bolt hour-glass mast base - \$35. Chinook carbon mast base extension (18")/8-to-1 d'haul - \$70. Carbon Mast - Fiberspar R3000 / 430/25/21 - \$185. 1997 Mistral Explosion 288 (demo) - \$750. Windgliders - last one @ \$375. 770-888-1584.

Whitecap Windsurfing:

1998 **F2 272** axis (8'11"/95 liters) \$999 brand new with warranty 1998 **F2 277** ride (9'1"/103 liters) with shipping ding brand new with 1 year warranty \$850. 1996 **Mistral Electron** (8'8"/88 liters) with nose repair \$200. 1998 4.0 North Zeta \$350 4.5 zeta \$350. Fiberspar Reflex 3000 460/25/25 1 year warranty \$150. All accessories on sale 10%-50% off. Renee Jenkins 706-868-7792 whitecap@mindspring.com

Windstar (Authorized Dealer for F2 and other major brands)

1998 F2 Demos w/ full warranty: 264 Wave, 96 ltrs. super B & J board. \$950. 282 Ride, 115 ltrs. \$950

97 NP VX2 6.3 \$250. NP Oasis XL men's wetsuit virtually new \$150. 2 womens L shortie wetsuits O'neill \$30, Bare \$50 Call Garrison Smith @ 404-256-

Continued on page 4

Your Daily Horoscope

by Sydney Lanier

Today is Your Birthday- It doesn't matter. Expect nothing. Your non-windsurfing friends have no clue you've been wanting to replace that 5.5. Your quiver instead will gain a new sweatshirt.

Aries- You are cautious. And rightly so. Avoid contact. Yield to starboard boards. Leo and Scorpio play prominent roles- neither will look before jibbing.

Taurus- Money matters melt away. Get those new sails now. Seize the initiative. Crash the credit limit. Gemini and Cancer are major players. They will buy your old quiver. Cold front delayed until after weekend.

Gemini- The moon ascends in your quarter. Sail until dark and beyond. Saturn aligns with Venus. You will jibe. Once. Enjoy it because the the next alignment isn't until 2073.

Cancer- Downhaul issues will resolve. Libra will reveal you still don't use enough. Avoid Scorpio advice on sail size, he always shlogs underpowered. Love plays prominently this month. You'll see a new board you can't live without.

Leo- Travel plans will unravel. Patience will pay off. Time will reveal that Frankfurt, KY is not a great windsurfing destination. Adventure, passion, romance, intrigue all give you the miss. Avoid Hatteras the week I'm there.

Virgo- Celebrate new ideas. Questions relating harness use resolve. Someone you trust will divulge a secret. Boss learns you really didn't go to dentist last (windy) Tuesday.

Libra- Are the home fires cooking? Late sailing session may prove unwise. Check those fin screws before major meeting with rival. Disregard wind forecast.

Scorpio- Work takes priority. Aquarius and Taurus will fill you in on the session you miss. Seek advice from an old friend. Something borrowed is returned. Take time to address cam vs. no cam issue.

Sagittarius- Longboard reenters picture. Start demands clear wind. Upwind sailing presents challenge. Leave weather mark to port. Be aggressive at jibe mark. Call for room early at leeward mark. Never finish at favored (for start) end of the line.

Capricorn- Check your battens. A stranger will offer advice on mast step position- take it. Foot straps play pivotal role. Old romance burns anew- is it time to wash that funky wetsuit?

Aquarius- Spotlight on bending the knees. Is the Gorge in your future?

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The Atlanta Boardsailing Club

P.O. Box 28376

Atlanta, GA 30358

Upcoming Events

Sept. 19: Hang Out at Van Pugh. Chris Pyron is bringing his volleyball net. Bring your all your boards, toys and a picnic. 404-784-0287.

Oct. 3-10: ABC Hatteras Week

*Oct. 13: Meeting, Brandy House
Directions Inside*

*Oct. 23-24: 20th Fall Classic/
Senior Nationals. Notice Inside*

